LEVEL III NEONATAL INTENSIVE CARE UNIT (NICU) AT UNIVERSITY HOSPITAL SHARJAH (UHS)
CARING FOR YOUR SPECIAL NEWBORN
Having a baby is both an exciting and a challenging experience. You always want your baby’s health in the best hands. And so at University Hospital Sharjah, we specialise in treatment for all kinds of congenital and acquired conditions.

We provide intensive care for extremely premature infants as early as 23 weeks gestation and full-term infants across all medical and surgical illnesses. In the positively warm, personal and family-centered environment provided by University Hospital Sharjah, these tiny infants have the best chance to survive and grow to reach their maximum potential.

The NICU at University Hospital Sharjah is a Level III neonatal unit, offering the highest level of care for neonatal diagnosis, surgery and rehabilitation. Some of children at UHS are being treated for "preemies" born with complex birth defects, severe prematurity and complications around pregnancy, labor and delivery, including respiratory distress syndrome, heart problems, immature skin and eyes, and under-developed digestive and neurological systems. Other babies are born at full maturity of the term but suffer from infection, congenital birth defects, in-utero drug exposure and complications from a traumatic birth. Many of these infants require surgical and sub-specialist services, which are all available here at University Hospital Sharjah.

Equipped with the latest lifesaving technology and trained healthcare professionals, the Level III NICU at University Hospital Sharjah (UHS) hosts in-house neonatologists and neonatal nurses, 24X7, capable of handling the most complex medical and high risk situations among newborns, including extreme prematurity (23 weeks’ gestation or less) or extremely low birth weight (500g or more) or who have severe and/or complex illnesses that require advanced level care and services.
About the department:

While the monotonous drone of monitors and other equipment can be disturbing, it gives vital information to specialists so they can provide the best care for the young patients. With a state-of-the-art, Level-III, 11-bed NICU, UHS offers the best medical, nursing and ancillary care available.

Our NICU is able to care for babies that require advanced interventions, such as ventilators. We host a variety of equipment to monitor the newborn’s oxygen level, heart rate and respiration to provide highly specialised care, such as ventilation, surgery and incubation. Infants of insulin diabetic mothers may also be admitted so doctors can observe their development and check blood sugar levels.

Services offered & conditions treated

- High risk neonatal conditions
- All neonatal surgical conditions
- Ventilator care for respiratory problems
- Surfactant therapy for infants with premature lungs
- Respiratory distress syndrome
- Nitric Oxide therapy
- Total parenteral (IV) nutrition
- Sophisticated incubators for maintaining an infant’s body temperature
- Chronic lung disease management and follow-up clinic
- Cardiac anomalies managed medically
- Cardiovascular support
- Sepsis
- Gastrointestinal disorders and renal disorders
- Neurological/neurosurgical conditions
- Primary metabolic defects
- Congenital abnormalities
- Complex birth defects
- Hyperbilirubinemia, exchange transfusion
- Genetic disorders and malformation
- Cooling therapy
- High-risk Infant follow-up program

Parents may visit our NICU during visiting hours.
We encourage you to touch, speak softly and even sing to your baby.
For more details call +97165058555 or visit www.uhs.ae