

RECOGNIZING THE ESSENCE OF
**A MATERNITY &
CHILD NURSE**

For appointments

+ 971 6 505 8555



RECOGNIZING THE ESSENCE OF A MATERNITY & CHILD NURSE

Nursing is the diagnosis and treatment of the human's response to health and disease, which makes it distinct from Medicine, that focuses on the diagnosis and treatment of the disease itself.


It involves assessing how people react physically, psychologically, emotionally, and spiritually to their state of health. We stand at the peripheral part of Multidisciplinary team that accompanies your journey towards health.

In our Maternity ward, passing at these doors as we welcome you, we see excitement and joy when you come for antenatal preparations to meet a new member of your family.

Some are intertwined with anxiety, hesitancy, and fear.

In here, we walk you through the labor and birthing process, and educate each family members how they can take part until the post-natal process.





OB nurses has one of the most unique and rewarding jobs in healthcare. They are responsible to aid in welcoming babies into the world and taking care of them during their first few days of life. They care for the entire family during the miracle of childbirth and are instrumental figures in the lives of parents and babies alike.

We celebrate with you and your family.

It is always amazing to see the joy how Mothers look at their newborn baby. How parents take pride in introducing him/her to all the loved ones who come and celebrate with them.

The first cuddles, capturing their smiles and first cries... We commemorate them with you.



Yet, we know things has been tough with Patients and their family too.

Mother's body gets tired and weary, family support barely gets to have rest as well.

Postnatal Mothers feels sore even when they are sitting in the bed, and they get scared at the first time they try to get up from CS surgery. Physicians do their best to make them comfortable and heal faster.

Our role here is to be your support, a helping hand for your stability until you can walk and move again independently.

After the birth of the baby, Nurses will closely monitor both Mother and baby for a few hours before they go to postpartum care.

During this time obstetric nurses may help with the following tasks:

Assessment of baby minutes after birth for adequate vital body functions, keeping them warm and safe.

Assist mothers with breastfeeding, ensuring proper latch and hold.




Along with our remarkable Physicians, we ought to carry you through postnatal phase with none or less complications as possible. As Patients gets prescribed and received Analgesics, medications to suppress excessive bleeding, Antibiotics, Nipple cream and Vitamin supplements.

In the background, we Nurses are here to listen to your thoughts, and ensure your emotional stability. We walk around together patiently and wait till you pass your first “flatus” and ring the kitchen to get your first semi-solid meal, and giggle to end your long-starved hours.

We unravel the newborn care learning needs together especially with the Primigravida Mothers, from Kangaroo care, bathing babies, swaddling techniques and even changing the diapers.

We help figure out breast pump accessories to come together and use it for expressing breastmilk, and health teaching are given on how to store them properly.





There are times Miscarriage and still births come too. In this situation the loss of pregnancy can affect Women physiologically and emotionally. At this stage, it affects the entire family, making coping and acceptance an important part of healing process. We provide emotional support and spend a great amount of time with them to assess their learning needs and link them to Social services as needed.

Nurses as more than just angels or heroes. Nurses are not kind and heroic simply because they are good people, but because Nursing builds us relationships with patients, by seeing them as a whole-person and not a case or disease. OB nurses' job is important and extremely rewarding, and appreciation doesn't need to come from others, because it begins from Ourselves.



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مستشفى الجامعة بالشارقة



UNIVERSITY HOSPITAL SHARJAH

P.O. Box 72772, University City, Sharjah, UAE, Tel: +971 6 5058555, Fax: +971 6 5058444

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