



SINCE 2015



ccountability Respect Integrity Service Excellence

## WHEN CARING HEARTS TOUCHES YOUNG LIVES

THE WORLD OF PAEDIATRIC NURSING



## WHEN CARING HEARTS TOUCHES YOUNG LIVES (THE WORLD OF PAEDIATRIC NURSING)

Pediatric nursing is a specialized branch of nursing that deals with the care of infants and children suffering from various disorders from birth to adolescence. They provide immunizations, developmental screening and provide care during common illnesses. Preventive care and expectant direction are vital to the act of pediatric nursing.

This specialty of nursing has a family-centered care approach in order to maximize the well being of one of the most vulnerable patients. This is because the illness of a child can also have a traumatic effect on the family, hence, nurses constantly work with the family to provide the best plan of care to the child.

Parents, on the other hand, are experts in their child's care and know more about their child than we can ever learn through assessments or charts. They are also the child's main source of support providing stability in what can be an otherwise traumatic period in a child's life.



The presence of the family during health related procedures can significantly reduce both the child's and parent's anxiety. Decreased anxiety from the patient and family also decreases the stress on healthcare workers, thereby, positively affecting their ability to provide treatment. Essentially, the nurse must attend to both the needs of the family and child in order to maximize a child's outcome.

Indeed, this field of nursing has a set of unique challenges in store. The emotional challenge with what the parents insists about the care of their child, up until deciphering the real reason behind the little one's cry are just a few ones that these nurses face daily.

No matter how challenging it may seem, being a pediatric nurse can be the most rewarding. The optimistic outlook and the sweet smiles of these wonderful patients, along with witnessing real and concrete changes in their lives with all the nursing care rendered, brings inexplicable job fulfillment.

Pediatric nursing is not for the faint hearted; it is meant for those filled with genuine empathy and compassion to better help the children under their care regardless of any circumstance.

## UNIVERSITY HOSPITAL SHARJAH مستشفى الجامعة بالشارقة



UNIVERSITY HOSPITAL SHARJAH P.O. Box 72772, University City, Sharjah, UAE, Tel: +971 6 5058555, Fax: +971 6 5058444 f @ V in O @ @UHSharjah | www.uhs.ae