

ARISE

QUARTERLY NEWSLETTER

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For Appointments

+ 971 6 505 8555

INFECTION CONTROL DEPARTMENTS **VICTORIES AND ACHIEVEMENTS 2021**



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Infection Control Departments – Victories and Achievements - 2021

The Infection Control Programme in University Hospital Sharjah maintains and ensures a continuous, systematic monitoring of all identified / suspected Healthcare Associated Infections (HAI), reduce infection risk to patients, healthcare workers, visitors, provide Infection Control education to Healthcare Workers and create a clean and safe environment.

Infection control department coordinates and collaborates with all hospital departments and services in order to provide high quality patient centered care to our customers.



We meet quarterly or more frequently if required but not less than 4 meetings per year.

Infection Control Departments – Victories and Achievements - 2021

Our success stories.....

JCAI Accreditation -2021:

Met the infection control standards and completed the JCAI with flying colors.

Handling HAI's:

It is the responsibility of all health care providers to enact principles of care to prevent health care-associated infections, though not all infections can be prevented. The prevention and reduction of healthcare-associated infections is a top priority for the infection control department at UHS.

COVID-19:

The coronavirus disease-2019 (COVID-19) pandemic has again demonstrated the critical role of effective infection prevention and control implementation to combat infectious disease threats. Surveillance, monitoring, reporting and ensuring the strict compliance to the COVID-19 guidelines and protocols through proper work flow were challenging but rewarding.

Infection control week celebration: (October 17to 20/ 2021):

We celebrated the infection control week from 17th October to 20th October 2021. This special occasion was inaugurated by our Senior Management Team members Dr. Ali Obaid Al Ali - Chief Executive Office , Director of Finance & Administration, Mr. Prasanna Hulmane, Director of Nursing Mr. Abdalrahman Altamimi and they signed to comply with infection

Infection Control Departments – Victories and Achievements - 2021

Control and preventive practices in our Hospital Settings according to our policies and protocols .

- **Day 1 : October 17-2021**

“Infection control ..Let’s talk”...Webinar: Great participation from the staffs of UHS through Go to meeting .

- **Day 2 : October 18/2021:**

Infection control unit ambassador judging day

Clinical areas were arranged and decorated according to infection control and preventive practices which they follow in each department and it was judged by an outsourced judging panel according to the set criteria.

- **Day 3 : October 19/2021:**

Kids club programme, Infection control junior ambassador judging day.

Vlogs presented by the kids were judged on the basis of set criteria

- **Day 4 : October 20/2021:**

Infection control games and trivia -encouraged and promoted maximum number of participants by providing complimentary gifts for the question and answers sent through

UHS e-mail

- **Day 5 : October 21/2021:**

Infection control week closing programme.



Infection Control Departments – Victories and Achievements - 2021

Educational Activities

Orientation Programme:

- We conduct general and HR orientation for newly hired employees in UHS
- CNE meeting:
- As part of continuous nursing education, we provide Inservice education once in a month on a regular basis.
- Patient safety workshop:

Education to outsource staffs

- Conducting orientation and education sessions for outsourced staffs including housekeeping staffs {cleaners and porters} regarding terminal cleaning in case of infectious disease and the transportation of specimens to lab.


Infection Control Roadshow

We do conduct roadshows to promote the awareness of infection control and preventive measures.

Infection Control Roadshow (photos)

Our Challenges...

Due to the constantly changing healthcare situations, we face many challenges

- Increased reporting requirements
 - Limited time to accomplish goals
 - Increased supervision to prevent Health care associated infections.
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Infection Control Departments – Victories and Achievements - 2021

There is always a room for improvements

We are looking forward.....

- To further reduce the incidence of Hospital Acquired infections (HAIs)
- To improve our monitoring and surveillance system.
- To promote the occupational safety of our staffs by preventing and controlling infections.

ARISE

WOUND CARE TEAM

Wound Care Team
Services 2021



For Appointments

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Wound Care Team Services 2021

Our Outpatient Clinic, as well as inpatient service, is directed towards the state of the art treatments of acute and chronic wounds.

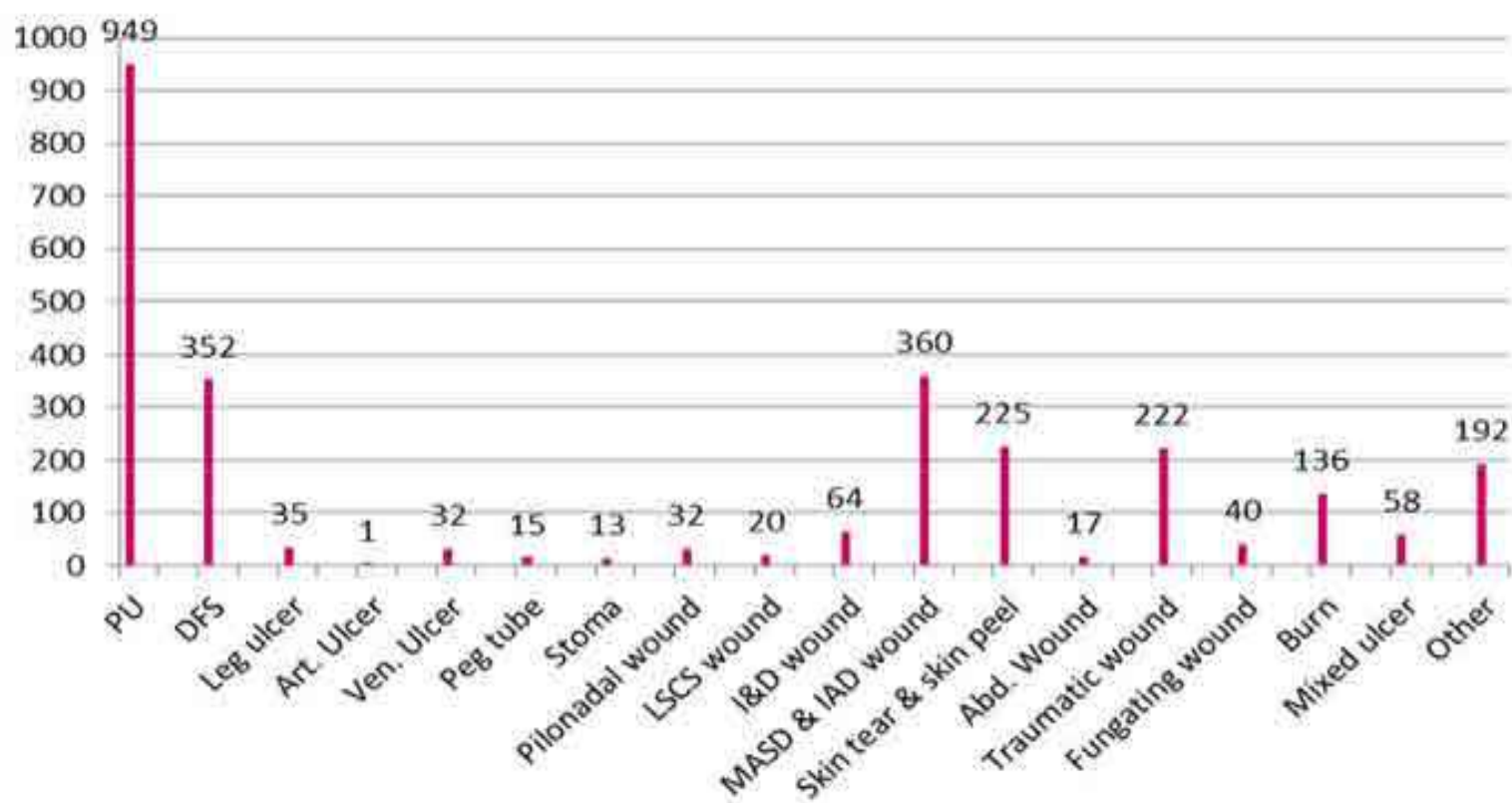
Through a standardized multidisciplinary team model, the wound care team present simultaneously; the wound care clinic offers patients with all types of wounds optimal clinical care & treatment plans and prophylaxis dressings to be produced at the patient's initial visit.

The wound care team is focusing on advanced evidenced-based wound care strategies, quality assurance, and education of health care personnel.

Patients with minor problem wounds are normally seen only once, whereas patients with more

Complicated wounds continue to be treated in the inpatient departments or eventually, might be referred to the outpatient clinic. A follow-up program has been established, and the general treatment plans Algorithms for the management of patients with pressure ulcers are reviewed and followed up in the inpatients and outpatient function, with the principal strategy of relieving pressure and improving the patient's condition.

Total Wounds' Categories Seen By The Wound Care Team In 2021



Wound Care Team Strategies In Wound Identification And Healings

Pressure ulcer prevention, management and Wound healing education are provided by the wound care team for wound care link nurses as well all nurses. This has been achieved through internal and external courses and educational arrangements.

Pressure ulcer, diabetic foot and many other wounds' care strategies and management is being delivered through continues education, follow up and referrals of the admitted cases, as well focusing on the community education for the direct caregivers of our patients, aiming to prevent and reduce the incidents of pressure ulcer, and eliminating the diabetic foot complications.

Monthly tracking and statistical review for the wounds healing “mainly hospital acquired pressure ulcer stage II and III” had been established since 2 years and achieving the target rate , with the cooperation of the team through a regular follow up of the cases, and continuous training and education of the first line nurses.

Side Of Wound Care Continuous Education & Trainings



Pressure Ulcer Incidence Study Day In The Hospital On August 21-22 And 28-29, 2020 Respectively

Prevalence study is a cross sectional count of the number of cases at specific point in time, or the number of individuals with pressure ulcers, who exist in a patient population at a point in time, also called snap- shop or point prevalence

Pressure Ulcer resources classification

- Community Acquired Pressure Ulcer CAPU
- Hospital Acquired Pressure Ulcer HAPU
- Unit Acquired Pressure Ulcer UAPU

This study was conducted to assess pressure ulcer prevalence, Incidence, clinical features, nursing care measures, and patient variables and outcomes among inpatients admitted to inpatients' departments at the university hospital Sharjah on the year of 2020.

The Pressure Ulcer Prevalence and Incidence Study were conducted last August 21-22 and 28-29, 2020 respectively.

The success of the said activities will not be possible without the utmost help of our dear senior nursing team, wound care link nurse and Selected individuals who voluntarily extended their time and effort. Hours, and have a PU indicator monitoring form included in their records. All patients with current and developing PUs were followed with this form.

How is Prevalence

Estimated/Calculated? Prevalence is the number of people in the sample (Study) with the characteristic of interest (PU), divided by the total number of people in the sample. (Study).

Prevalence = # of pts with a PU at the time of the study

Total # of pts in the hospital enrolled in the study

Pressure Ulcer Incidence Study Day In The Hospital On August 21-22 And 28-29, 2020 Respectively

Problem & Purpose

- To assess the burden of disease in a population and to assess the need for health services
- Major cause of morbidity, mortality and healthcare burden globally
- Key Performance Indicator and monthly tracking.
- To examine trends in disease prevalence or severity over time here?
- Need to focus on Prevention rather than treatment
- Gives data to support the acquisition of resources
- Evaluates prevention programs
- How big is the problem? Are we getting better?



Prevalence Education

Data Methodology

Step 1

- A total number of 18 Nursing staff were prepared to conduct the pressure ulcer Prevalence Study
- 50% are Wound care link Nurses
- 3 Nurses per team were assigned to units not their own

Step 2

- Structured Educational Plan
- A comprehensive educational and training prior the prevalence day
- Post test – needed 100%

Step 3

- Pressure Ulcer data collection form
- Prevalence and incidence Notification form
- Prevalence & Incidence Instruction
- Any discrepancies were handled by Senior wound care Specialist Nurse

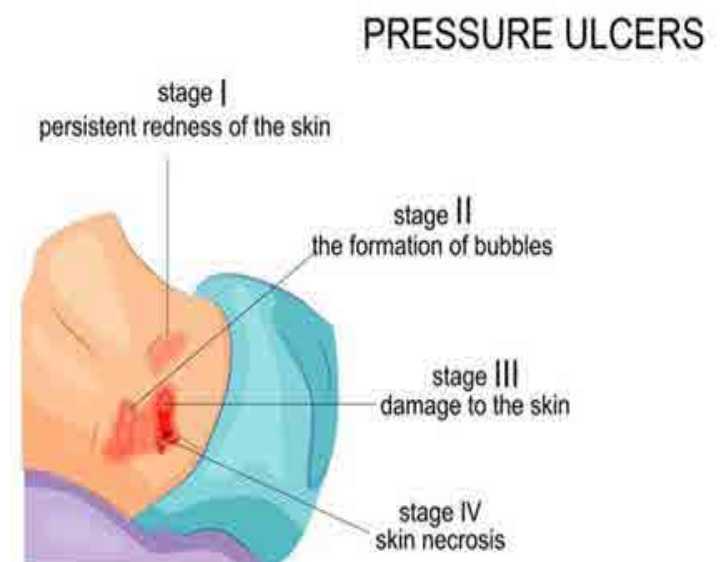
Preventing/reducing Hospital Acquired Pressure Ulcer Rates

Efforts to improve quality and reduce cost often focus on reducing complications that patients develop during hospitalization, known as hospital-acquired conditions. Use data from a variety of sources to identify where your organization has the greatest opportunity to improve care processes in preventing HAPU/ I. Analyze characteristics of the pressure ulcer/injuries (e.g., patient diagnosis, anatomical location of wounds, clinical contributing factors as well as data collected in rounds, audits and RCAs) to identify trends in gaps in care. Form an interdisciplinary team of individuals, including leaders and front-line staff to determine an area of focus.

The wound care team with the cooperation of the other multiciliary team had reduced the incidents of hospital-acquired pressure ulcers by employing trust-wide prevention strategies and protocol...

Prevention of pressure ulcers/ injuries begins with an assessment of a patient's risk for pressure ulcers/ injuries "Braden score".

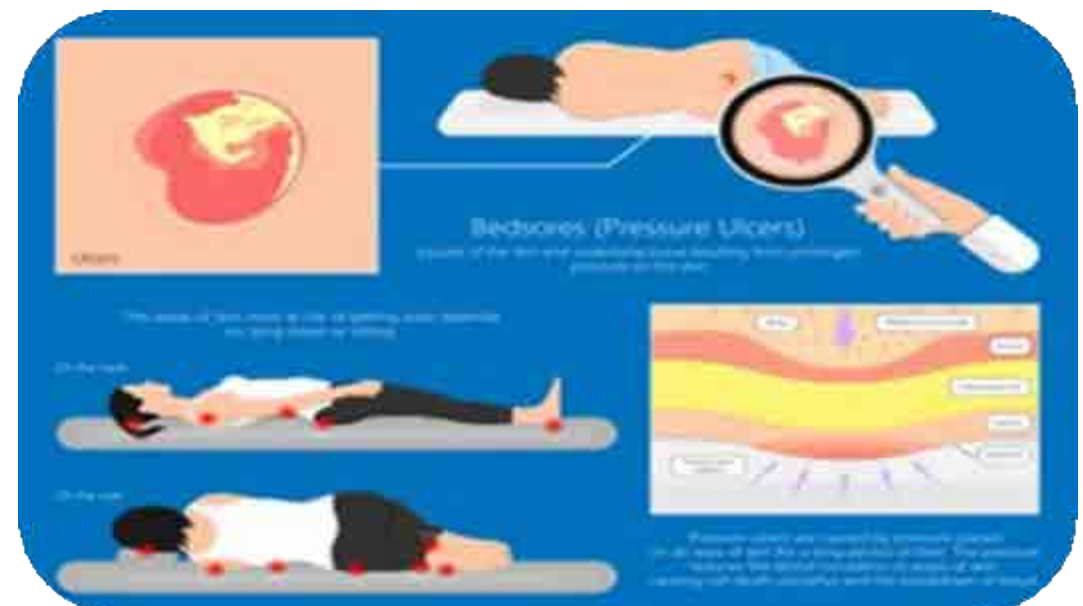
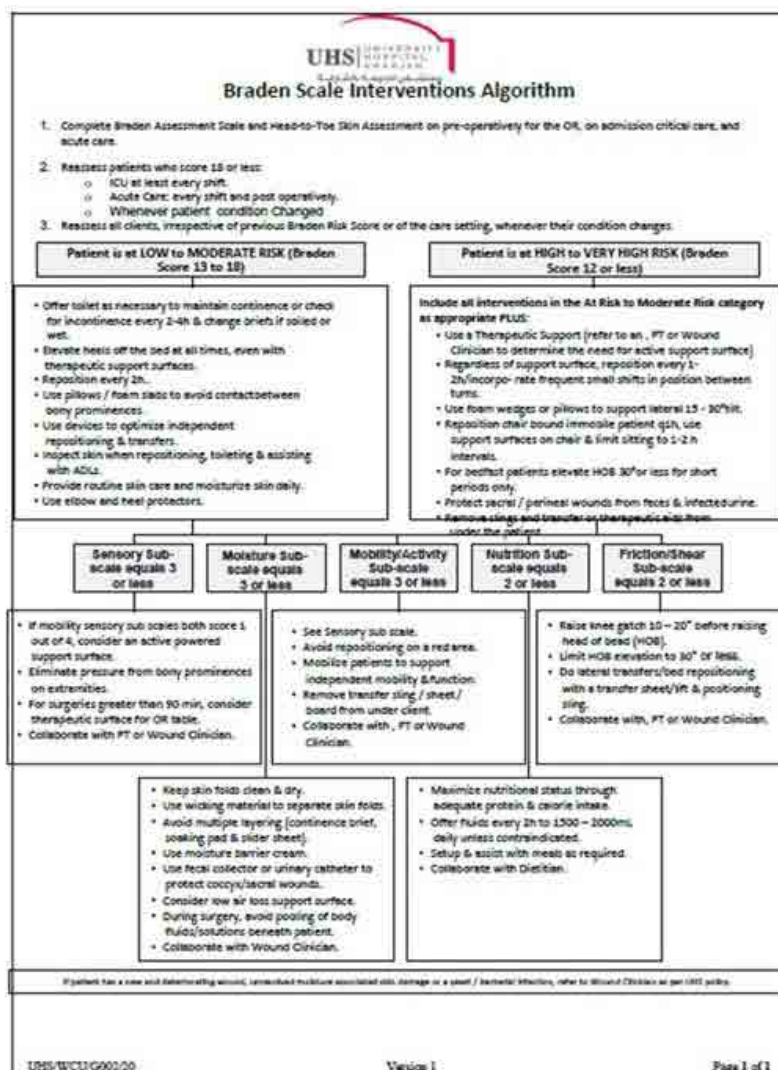
This assessment must be done upon admission and then at least once daily during a patient's stay and should include evaluation of the condition of the patient's skin. Minimizing the amount of pressure on bony prominences will help to reduce the possibility of breakdown of the thin overlying skin. By re-positioning and using pressure- distribution surfaces, pressure on the skin can be redistributed. This is especially critical for patients with limited mobility, as they are at high risk for developing pressure ulcer/ injury. Friction and the stress caused by shearing forces also contribute to pressure ulcer/injury development. Friction is caused when a patient slides or is dragged across a surface, causing damage to underlying tissue which can contribute to pressure ulcer/injury formation



Methodology Of Monitoring Incidents Of Pressure Ulcer

A monthly PUs monitoring form was maintained for all patients who already had PUs. The information on this form was recorded as an indicator of nursing care. This form determined nursing care interventions and ulcer characteristics. Analyze trends in data to understand where the greatest opportunity is to improve. Understand the types of patients affected by pressure ulcer/injuries and track trends by unit regarding

The anatomical location of ulcer/injuries and contributing factors. Use data collected from prevalence studies or pressure ulcer/ injury rates, as well as data from root cause analysis, case review and rounds, to identify opportunities and gaps.



Pressure Ulcer Stop Day Nov.17th 2021 in UHS

Every year, the EPUAP holds the Stop Pressure Ulcer Day on every 3rd Thursday in November. Stop Pressure Ulcer Day activity in UHS was organized with the support of the hospital and nursing administration by the wound care team, and was held on November 17th 2021. to bring pressure ulcers awareness to the public, the professionals and our politicians in the main entrance of the hospital, all the health care providers and community clients had shared the team in the event. Included the program many challengeable games and followed prizes for all the winners.





LACTATION DEPARTMENT



For Appointments

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Lactation Department

University Hospital Sharjah is a baby friendly hospital and we support, promote and protect breastfeeding.

Breast milk is uniquely suited to the human infant's nutritional needs and is a live substance with unparalleled immunological and anti-inflammatory properties that protect against a host of illnesses and diseases for both mothers and children.



Lactation Department

At university Hospital Sharjah, we implement the 10 Steps to Successful Breastfeeding by WHO and UNICEF guidelines.

Here In the maternity services starting from the antenatal period the pregnant ladies receiving awareness and education about the important of breastfeeding for the first 6 month of life then introducing the solid food along with breastfeeding till 2 years and the risk/ hazards of giving the formula milk.

Emphasizing the importance of skin to skin contact immediately after birth and early initiation of breastfeeding within the first hour.

We encourage responsive feeding and council the mothers regarding the risk of using pacifiers and teats.

We ensure that the mothers and their babies well get adequate support for successful breastfeeding even after they are discharged from the hospital by giving two appointments at our lactation clinic .

UHS Comply fully with the international code of marketing of breast milk substitute, No marketing or promotion of formula, bottles or teats will be allowed at University Hospital of Sharjah.

University hospital of Sharjah has been granted the Baby-Friendly Accreditation twice in a row (2018 and 2021).

University hospital Sharjah celebrating the national breastfeeding week 1-7 Nov, and international breastfeeding week 1-7 Aguste as well every year

A Glimpse Of Breastfeeding Awareness Week





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